

# Show Volunteer Requirements

## How To Plan Your Show

### Number of Volunteers Required and Time Commitment

- Morning (4-5 hours): 5 – 6 adult volunteers
- Evening(4-5 hours): 5 – 6 adult volunteers plus 1 – 2 dishwashers
  - It is preferred that the same volunteers assist in both the Morning and Evening

### Requirements/Skills

- Has physical ability to stand and work for 4 to 5 consecutive hours
- Has ability to follow written instructions/recipes
- Works quickly and accurately
- Enjoys cooking
- Has positive and upbeat attitude
- Knows proper food handling procedures

### Duties

- Morning Volunteers are required to help with the preparations necessary for the evening stage demonstration
  - Duties include: unpacking cases, organizing groceries, preparing food (e.g., measuring, chopping, cutting, cooking, etc.), washing dishes, and gathering equipment for each recipe tray
  - Other activities may include stage preparation for the program and backstage pre-set up, pre-show, show and post show activities
- Evening Volunteers assist the Culinary Specialist before, during and after the show. They will be working both on stage (no stage fright) & backstage
  - Duties include: keeping the backstage area tidy and equipment sorted, baking, garnishing and finishing recipes for final display, removing trays from Culinary Specialist's table, finishing items prepared on the range, packaging food for winners, washing dishes, and packing the Culinary Specialist's storage cases
  - It is mandatory to have 5 – 6 evening helpers, four for onstage assistance and 1 -2 to wash dishes



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### Attire

Morning Volunteers will need comfortable shoes and clothing suitable for food preparation

- Loose comfortable clothing
- For safety reasons, open-toed shoes should not be worn
- May bring and wear an apron

Evening Volunteers will be on stage but need to be comfortable and able to work efficiently

- For safety reasons, open-toed shoes should not be worn
- The Taste of Home Cooking School will provide aprons for the evening stage volunteers
- Stage helpers may want to coordinate attire and wear khaki or black pants and white tops (Jeans are not allowed for stage helpers)

### Where to Find Good Helpers

- Previous Cooking School Volunteers
- County Extension Agents
- Civic Organizations
- Clubs
- Church groups
- Non-profit organizations
- Appliance dealers
- Grocery store employees
- Contest Winners
- Place an ad in the paper

### What Volunteers Will Receive from TOHCS

- Free one-year magazine subscription
- Taste of Home Branded Apron (Evening Helpers)
- Certificate of Accomplishment
- An inside look at the inner workings of the Taste of Home Cooking School
- Hands-on instruction with the World's #1 Cooking Magazine
- Celebrity status in your community

